



INVITATION

Polish Muaythai Federation
invites you to Bydgoszcz
for the

POLISH OPEN MUAYTHAI CUP

Muaythai Against Drugs Festival

10-11 November 2012 Bydgoszcz - Poland

Program

1. ORGANIZER

- Club „Muaythai Legion Bydgoszcz”
- Civilian and Military Sports Complex „Zawisza”
- Bydgoszcz City Hall

2. DATES

- 10-11 November 2012

3. PLACE

- Sports Hall „Astoria”
Królowej Jadwigi Street 23
85-231 Bydgoszcz
POLAND

4. PROGRAM

- **Saturday, November 10, 2012:**
 - 10.00 – 12.00 Registration, weight-in and medical check-up
 - 12.00 – 13.00 Draw
 - 13.00 – 22.00 Elimination fights



- **Sunday, November 11, 2012:**
 - 8.00 – 8.30 Weight-in and Medical Check-up
 - 8.30 – 9.00 Referee/Judges meeting
 - 9.00 – 17.00 Competition: semi-finals and finals
 - 18.00 – 21.00 Main Event: Finals and Awards Ceremony
 - 21.00 Closing

5. REGULATION AND COMPETITION

5.1st Regulation for Competition

The Rules and Regulations presented hereafter are in accordance with the current rules and regulations of the International Federation of Muaythai Amateur (IFMA) and Polish Muaythai Federation (PMF)

5.2nd Qualifications of the Contestants

A Contestant in the:

- Cadet Division must be at least 14 years old, but not more than 15 years old;
- Junior Division must be at least 16 years old, but not more than 17 years old,
- Senior Division must be at least 18 years old, but not more than 35 years old,

5.3rd Divisions of the Competition

If there are less than 2 contestants in any division, the competition will not be held for that weight division.

- **Weight categories:**

- senior male: from -57 to 91+ (IFMA regulations)
- senior female: -51, -54, -57, -60, -63,5, -67, 67 +
- junior male -54, -57, -60, -63,5, -67, -71, -75,-81 , 81 plus
- junior female -51, -54, -57, -60, -63,5, 63,5 plus
- cadet male -51, -54, -57, -60, -63,5, -67, -71, 71 plus
- cadet female -51, -54, -57, -60, -63,5, 63,5 plus



- **Timing of rounds:**

- Senior division (male and female):
 - elimination fights – 3 rounds of the 3 minutes each with a 1-minute rest in between;
 - final fights – 3 rounds of the 3 minutes each with a 1-minute rest in between.
- Junior division (male and female):
 - elimination fights – 2 rounds of the 3 minutes each with a 1-minute rest in between;
 - final fights – 3 rounds of the 3 minutes each with a 1-minute rest in between (body protector and knee guards obligatory)
- Cadet division (male and female):
 - 2 rounds of the 2 minutes each with a 1-minute rest in between (body protector and knee guards obligatory)

5.4th Awards and Prizes

- In each division, the winner of the Final bout will receive the Gold medal and Honour Trophy.
- The other finalist will receive the Silver medal and 2 Bronze medals will be awarded to the 2 semi-finalists.
- The team with the highest points total will receive the Polish Cup Trophy.
- An outstanding contestant will receive an Honour Trophy.
- The contestant who performs the most beautiful Wai Kru will receive an Honour Trophy.

5.5 Terms of admission, medical examination and weigh-in

- All contestants must have a Medical Check-up and Official Weigh-in on the opening day of the Cup. Each contestant must then have a Medical Check-up and Weigh-in in the morning of their competition for each



- bout. Boxers Record Book (Membership Books) must be presented at every Medical Check-up.
- The draw will be carried out after the Medical Check-up and Weigh-in. During this, the team manager or coach or a selected representative from each club must be present.
- Each fighter must have insurance to take part in muaythai competitions
- Each fighter must have a signed statement, while cadet's and junior's statement has to be signed by parents.
- Each fighter must have an identity document to register. Cadets, juniors: the ID card or passport. Other documents will not be honored. No documents will cause not allowed to participating in CUP.
- Weight shall be in accordance with the rules of IFMA in underwear.

5.6 Clothing and equipment:

- Contestants must use the boxing gloves, head guard, body protector (for cadets and juniors), shin and foot guard provided by the organizer.
- Fighters should have - shorts, a sleeveless shirt in red or blue, according to his corner, groin guard (only metal), gum-shield, boxing bandages (cotton, prohibit the use of combs!).
- The contestant must wear a "Mongkom" (sacred headband) during the Wai Kru before the fight. An amulet "Prajiat" may be worn around the upper arm or wrist but must be neatly covered.

5.7 Anti doping control

All competitors are liable to medical control and random doping tests which will be carried out in conformity with the rules of the WADA Anti-Doping Code



6. REGISTRATION

- Please send request email to: hubert_lis@hotmail.com
- List of participants will be posted on www.muaythai.com.pl and www.muaythai.pl
- **Entry fee:** EUR 15 / fighter
- **Deadline for participant applications is 05.11.2012**

7. ACCOMMODATION

- Accommodation and full board is provided by the Polish MuayThai Federation from November 9th to 11th at “ZAWISZA” hotel that is situated around two kilometers from the arena for all fighters and 1 coach. Regarding reservations please contact hubert_lis@hotmail.com

IMPORTANT: No shows will be fully chargeable.

Additional night from November 11th to 12th will be chargeable EUR 20.

- **Deadline for hotel booking is 05.11.2012**

With sport greetings,

Robert Mikęczyński
President
Muaythai Legion Bydgoszcz

Rafał Szlachta
President
Polish MT Federation