



MEDITERRANEAN MUAYTHAI UNION



AUGUST 2nd, 2023

REF: 002 /2023

IFMA Member National Federation

Dear President,

It is with great pleasure to officially invite you to the 2023 **Mediterranean Muaythai Championships (MMC2023)** and the **Mediterranean Open Cup (MOC2023)**, which will be held from **2nd until 5th of November 2023**, in **Greece**.

At the **Mediterranean Open Cup (MOC2023)**, any IFMA country - member can participate.

At the **Mediterranean Muaythai Championships (MMC2023)**, only Mediterranean IFMA country members will be able to participate

The event registration will be open from 8th August 2023, at which time your delegation administrators will be invited to register your Teams and Officials on the ifmalive.com platform.

The Championships will include both the Combat and Cultural Disciplines of Wai Kru and Mai Muay for all Age & Master Class 41-51 years (veterans) division and Muay Talay Competition will be included, if the number of participants is sufficient, according to the number of athletes who are willing to participate.

The Mediterranean Open Cup will be held in tandem to provide more opportunities to National Federations to participate with more than one athlete in each division, as well as to countries, which do not belong to Mediterranean countries to participate.

For further details on age and weight divisions, kindly refer to the [IFMA Rules & Regulations for International Competitions](#).

This event will be organized by the **Panhellenic Muaythai Federation (P.M.F.)** in Greece, birth place of the Olympic Games.

We would like to thank the president of P.M.F., Mr. John Papadopoulos who will take on the responsibility of organize the very first Mediterranean Muaythai Championships.

We are looking forward to seeing you in the *"City of Water"*, Loutraki, Greece at the 2023 MMC!

Sincerely,

Davide Carlot
MMU President

John Papadopoulos
PMF President
MMU Executive Board Member



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Registration // Participation Fees // Dates



All MMC & MOC 2023 participants are obliged to stay at the official event facilities in order to receive accreditation. The minimum stay period to proceed with registration is 4 nights. All participants must be registered to the event via the registration platform, ifmalive.com and must have a valid IFMA membership on the platform (\$10 USD/year for Youth & \$20USD/year for Adults).



Official Event Dates: 2nd to 5th November 2023



2nd NOV - Official Arrival Day

3rd NOV - Team Manager Meeting / Opening Ceremony & First Day of Bouts

4th NOV - Bouts

5th NOV - Finals and Medal Ceremonies / Goodbye Party

6th NOV - Official Departure Day



Accommodation Event Rates



Participants can choose between the two official event facilities to stay in, those being the Sportcamp Loutraki and a Sea View 5* Hotel.



1st Option Sportcamp Loutraki: All-sport inclusive venue, with facilities such as outdoor fields and courts, outdoor pool and basic rooms. [View facilities.](#)



2nd Option Sea View 5* Hotel: Next to the beach, with high-standard facilities, indoor and outdoor pools, therapeutic massage treatments, gym, hair salon and full range of services. [View Facilities.](#)



All reservations must be made as soon as possible, in order to ensure participants' accommodation at the facilities of their preference.





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For all registrations completed by 10th of September and paid by 20th September 2023 enjoy **Early Bird Rates**:

Early bird for Sportcamp Loutraki:

Four – Six bed Rooms per pax: 55 EUR (65 USD)
Twin - Triple bed Rooms per pax: 75 EUR (85 USD)
Single Room: 120 EUR (137 USD)

Rates include:

- Full board (no alcohol)
- Access to Gym, Training facilities & Outdoor pool

Early bird for 5* Hotel:

Twin Room per pax: 95 EUR (110 USD)
Single Room: 140 EUR (162 USD)

Rates include:

- Full board (no alcohol)
- Access to Gym, Training facilities & Indoor and Outdoor pool

Payments/Registration made after 20th September and for all CASH payments on arrival, **standard rates** will apply and charged in EUR only:

Standard for Sportcamp Loutraki:

Four – Six bed Rooms per pax: 60 EUR (70 USD)
Twin - Triple bed rooms per pax: 80 EUR (92 USD)
Single Room: 125 EUR (143 USD)

Rates include:

- Full board (no alcohol)
- Access to, Gym, Training facility's & Outdoor pool

Standard for 5* Hotel:

Twin Room per pax: 100 EUR (116 USD)
Single Room: 150 EUR (175 USD)

Rates include:

- Full board (no alcohol)
- Access to Gym, Training facilities & Indoor and Outdoor pool





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Transfer Rates:

All Transfers to/from Eleftherios Venizelos Airport to the official event facilities will be charged at 30 EUR (35 USD) per person round trip.



Tournament Uniform:

You must purchase one uniform for each athlete registered in your delegation. The uniform fee is 60 EUR (69 USD) for all orders made by the deadline of 10th of September.



Any additional uniforms purchased on-site outside of the order placed on time will be charged at 70 EUR (79 USD) per set.



Uniform Set will include:

- 2 Tournament singlets (Red & Blue)
- 1 pair of Muaythai Shorts
- 1 pair of Hand Wraps



Deadlines:

Estimated Team Number on EBN FORM	15th AUG 2023
Uniform Order on ifmalive.com registration	15st SEPT 2023
Early Bird Rates Advanced Payment & Registration	30st SEPT 2023
Therapeutic Use Exemption Applications	29th SEPT 2023
Registration Closes	15th OCT 2023

*No additional registrations permitted after this date.



Refund/Cancellation Policy:

Cancellations made fifteen (15) or more days prior to the date of arrival will incur a 10% charge. Cancellations made less than two (2) days prior to the arrival date will incur a 100% charge.



Method of Submission:

Team Registration & Uniform Orders (Open from 8st August 2023) [ifmalive.com](#)



Visa Entry Requirement

All participants will need to check whether they are required to obtain a visa to enter Greece. To check if you are eligible for visa on arrival, please check the MFA Website of Greece: <https://www.mfa.gr/en/visas/visas-for-foreigners-traveling-to-greece/>



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Rules & Regulations // MMC2023

The Rules and Regulations presented hereafter are in accordance with the current Rules and Regulations of the International Federation of Muaythai Associations (IFMA) approved by the Technical Committee and the Executive Board of IFMA.

Participating Teams to Mediterranean Muaythai Championships 2023

- National teams of MMU IFMA Members (*with membership fees paid up to 2023) are invited to participate at the championships.
- Each country is allowed to send only one national team to participate in the championships.
- Each team is allowed to send only one contestant for each weight category of each combat discipline division (male, female).
- Each team is allowed to send only one contestant for each division of the Wai Kru division (Male/Female)
- Each team is allowed to send only one duo in each of the Mai Muay divisions (Male/Female)

Participating Teams to Mediterranean Open Cup (MOC) are allowed to send more than one athlete at each division.

Divisions of the Competition

Combat Discipline divisions as per the IFMA Rules and Regulations (Rule 2)

****Note:** If there are less than 3 entries in any division, the competition will not be held for that division.

Please observe the registration deadlines to ascertain whether there will be sufficient number of athletes in a division to proceed with a competition in that category.

Wai Kru Discipline divisions: Individual Male, Individual Female (as per IFMA rules and regulations Rule 30) Mai Muay Discipline divisions: Duo Male, Duo Female (as per IFMA rules and regulations Rule 33)

Changing Weight Divisions

The deadline to change division in which an athlete has been registered is 12 noon on 1st November at the registration desk or by communicating directly with the event Technical Delegate.





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Drawing of Names

The Division Rosters shall be communicated to all Team Managers latest by the evening of the Official Arrival Day, and any discrepancies or errors must be informed to the Technical Delegate. The Draw will be published at the Team Manager Meeting. During this, the team manager or coach or a selected representative from each country must be present.

Competition Conduct

All contestants must behave accordingly to the IFMA code of ethics and code of conduct (See <https://muaythai.sport/codes-policies/>) as a good sportsman and follow the rules and regulations as laid out. Contestants will be penalized for any violations.

Appealing Decisions

All appeals should be in accordance with the rules & regulations of the International Federation of Muaythai Associations (IFMA) for international tournaments and competitions.

Awards and Prizes

In each weight category of the Youth Division Male/Female combat discipline, the winner of the Final bout will be the Champion and awarded with the Gold medal of the Mediterranean Muaythai Championships 2023. The other finalists will receive the Silver medal of the Mediterranean Muaythai Championships 2023 and 2 Bronze medals of Mediterranean Muaythai Championships 2023 will be awarded to the 2 semi-finalists.

In each weight category of the Mediterranean Open Cup 2023 division of the combat discipline, the winner of the Final bout will be awarded the Gold medal of the Mediterranean Open Cup 2023. The other finalists will receive the Silver medal of the Mediterranean Open Cup 2023 and 2 Bronze medals of the Mediterranean Open Cup 2023 will be awarded to the 2 semi-finalists.

In each youth division of the Wai Kru and Mai Muay disciplines, winners of the final competition will be awarded a Gold medal of the Mediterranean Muaythai Championships 2023. The other finalists will receive the Silver medal of the Mediterranean Muaythai Championships 2023 and 2 Bronze medals of the Mediterranean Muaythai Championships 2023 will be awarded to the 2 semi-finalists.

In the Mediterranean Open Cup division of the Wai Kru and Mai Muay disciplines, winners of the final competition will be awarded a Gold medal of the Mediterranean Open Cup 2023. The other finalists will receive the Silver medal of the Mediterranean Open Cup 2023 and 2 Bronze medals of the Mediterranean Open Cup 2023 will be awarded to the 2 semi-finalists.

Doping Control

Athletes and technical officials participating in the Mediterranean Muaythai Championships 2023 are bound to and must comply with the IFMA Anti-Doping Rules. These rules, which





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are compliant with the World Anti-Doping Code and its international Standards, can be downloaded from the IFMA website at: <https://muaythai.sport/what-is-doping/>.

The Greek Doping Control Center (EOKAN) will conduct in - competition tests as Testing Authority during the event. DCAT will collect the samples and these will then be analyzed by the WADA-accredited lab. Collection and analysis will be carried out in accordance with the

International Standard for Testing, the International Standard for Laboratories and the 2023 Prohibited List.

During the event period, from 2 - 5 November in Greece, athletes can be tested at any time or place, urine or blood, with no advance notice. The event testing plan includes finishing placement tests, random tests, pre-competition tests and target tests.

Under the strict liability principle, an anti-doping rule violation occurs whenever a Prohibited Substance is found in an Athlete's bodily Specimen. The violation occurs whether or not the Athlete intentionally or unintentionally used a Prohibited Substance or was negligent or otherwise at fault. (see Article 2.1.1 of the Code and IFMA Anti-Doping Rules).

ATHLETES MUST EXERCISE EXTREME CAUTION REGARDING NUTRITIONAL SUPPLEMENTAL USE.

TUEs

The World Anti-Doping Code permits athletes to apply for TUEs, i.e. the permission to use, for therapeutic purposes, substance or methods in the Prohibited List in force where use would otherwise be prohibited.

IFMA recognizes TUEs that have been granted by National Anti-Doping Organizations (NADOs), and those needing to submit a TUE are encouraged to contact the relevant NADO to apply for it, which IFMA will then recognize automatically.

After an athlete submits a duly completed TUE application with the required supporting medical documentation to the NADO, it can take up to 30 days to receive the decision of the TUE Committee, and a TUE certificate if the application is approved.

The deadline to submit a TUE application for this event is: 1st of October 2023.

For more information regarding TUE application please visit the IFMA website: <https://muaythai.sport/tues/>. The TUE application form can be found there.

Results Management

In the case of an Anti-Doping Rule Violation, IFMA is responsible for the initial results management process and taking the decision of imposing any sanction relating to the Mediterranean Muaythai Championships 2023, such as disqualification. IFMA has delegated





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the results management for all In Competition Testing to the International Testing Authority (ITA) to manage imposition of sanctions over and above those relating to the Mediterranean Muaythai Championships 2023, such as period of ineligibility.

Anti-Doping Education Program:

We would further like to inform you that as part of the IFMA Anti-Doping education plan for our members, it is MANDATORY for all Athletes, Coaches and Athlete Support Personnel and Team Doctors wishing to attend the Mediterranean Muaythai Championships 2023 to have completed the relevant WADA ADEL Courses.

You will be required to upload the Certificate of Completion on the registration of that participant on the registration platform.

All Athletes 16 years old and above competing in the **MMC2023** must have completed the “International-Level Athletes Education Program” prior to participation, upon creation of their own account on the WADA’s ADEL platform:

https://adel.wada-ama.org/learn/public/learning_plan/view/1/international-level-athleteseducationprogram-english

All accredited NF Coaches & NF Head Coaches participating in the Youth World Championships must have completed the “High Performance Coaches' Education Program” on the ADEL platform prior to taking part in the Championship:

https://adel.wada-ama.org/learn/public/learning_plan/view/7/high-performance-coacheseducationprogram-english

All accredited Team Doctors must have completed the “Medical Professional's Education Program” on the ADEL platform prior to serve in the Championship:

https://adel.wada-ama.org/learn/public/learning_plan/view/13/medical-professionaleducationprogram-english

We encourage all federations to ensure that all their athletes, coaches and medical personnel use the time now to register and complete the courses. The certification is valid for 2 years.

ATTENTION: Failure to comply will result in sanctions, which might include exclusion from participation to the Championship, withdrawal of results and fines to Federations.





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Event Schedule // MMC2023 & MOC2023



2 November 2023

08.00 - 22.00	Arrivals/Registration
12.30 - 15.30	Lunch
15.00 - 18.00	R&J Course Day 1
19.30 - 22.30	Dinner

3 November 2023

06.00	Training Facilities Open
07.00-09.00	Weigh-In & Medical Check
07.00-10.00	Breakfast
09.00 - 12.00	R&J Course Day 2
12.30 - 15.30	Lunch
12.00 - 13.30	Team Manager Meeting
14.30-16.00	Opening Ceremony
16.00	Combat Preliminary bouts
19.30 - 22.30	Dinner

4 November 2023

06.00	Training Facilities Open
07.00-09.00	Weigh-In & Medical Check
07.00-10.00	Breakfast
09.30 - 10.30	MMU Executive Board Meeting
09.00 - 12.00	R&J Course Day 3
10.00 - 12.00	Wai Kru/Mai Muay
12.30 - 15.30	Lunch
14.00	Combat Preliminary bouts
19.30 - 22.30	Dinner

5 November 2023

06.00	Training Facilities Open
07.00-09.00	Weigh-In & Medical Check
07.30-10.30	Breakfast
09.00 - 13.00	Excursion / Activities
10.00 - 12.00	Finals Wai Kru/Mai Muay
12.30 - 15.30	Lunch
14.00	Final Bouts & Medal Ceremonies
20.00 - 23.00	Dinner & Good Bye Party

6 November 2023

All Day	Departures
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Sport Camp Loutraki



Sea View Hotel 5 Loutraki*

