



ITINERARY

**Please note that meals, as already included in your hotel fees, are available during the following times:*

Breakfast: 07.00 – 09.00 Lunch: 12.00 – 15.00 Dinner: 19.00 – 21.00

Location: Breakfast, Lunch & Dinner at Venue

Meals are provided since 22.09 lunch till 29.09 breakfast

SUN APR 21, 2014

Teams arrivals

11.00 – 20.00 New R&J Seminar Day 1 / **intercontinental R&J certificate**

MON SEP 22, 2014

Teams arrivals

09.00 – 16.00 New R&J Seminar Day 2 / **intercontinental R&J certificate**

12.00 – 17.00 Weigh-in and Medical Check-up for all athletes

19.00 – 20.00 Team Manager Meeting. One person per country

20.00 – 23.00 Draw

TUE SEP 23, 2014

07.00 – 08.00 Weigh-in and Medical Check-up

09.30 – 10.00 R&J Briefing

10.00 – 11.00 Opening ceremony

11.00 – 13.00 Kids, Cadets, Juniors bouts

14.00 – 22.00 Juniors, Seniors, B class bouts

WED SEP 24, 2014

07.00 – 08.00 Weigh-in & Medical Check-up

09.30 – 10.00 R&J Briefing

10.00 – 13.00 Kids, Cadets, Juniors bouts

14.00 – 22.00 Juniors, Seniors, B class bouts

THU SEP 25, 2014

07.00 – 08.00 Weigh-in & Medical Check-up

09.00 – 11.00 EMF Executive Board meeting

09.30 – 10.00 R&J Briefing

10.00 – 13.00 Kids, Cadets, Juniors bouts

14.00 – 22.00 Juniors, Seniors, B class bouts

18.00 – 20.00 Banquet for NF Presidents hosted by the **Mayor of the Krakow city**

KRAKÓW 2014





FRI SEP 26, 2014

- 07.00 – 08.00 Weigh-in & Medical Check-up
- 09.00 – 12.00 EMF AGM Meeting / President Election
- 09.30 – 10.00 R&J Briefing
- 10.00 – 13.00 Kids, Cadets, Juniors bouts
- 14.00 – 22.00 Juniors, Seniors, B class bouts

SAT SEP 27, 2014

- 07.00 – 08.00 Weigh-in & Medical Check-up
- 09.30 – 10.00 R&J Briefing
- 10.00 – 13.00 Kids, Cadets, Juniors bouts
- 14.00 – 22.00 Juniors, Seniors, B class bouts

SUN SEP 28, 2014

- 07.00 – 08.00 Weigh-in & Medical Check-up
- 09.30 – 10.00 R&J Briefing
- 10.00 – 16.00 Final bouts of Kids, Cadets, Juniors Juniors, Seniors, B class
- 18.00 – 23.00 **Big Final Gala at Arena Krakow with artistic program**

MON SEP 29, 2014

- Departure
- Check-out - not later than 11.00

EUROPEAN MUAYTHAI CHAMPIONSHIPS

*All other meetings for EMF committees to be advised
Referee and Judge meetings to be confirmed as needed
Various courses/seminars will be informed separately*

****PLEASE BE ADVISED THAT THE SCHEDULE IS SUBJECT TO CHANGE****

